

Washington Guitar Society

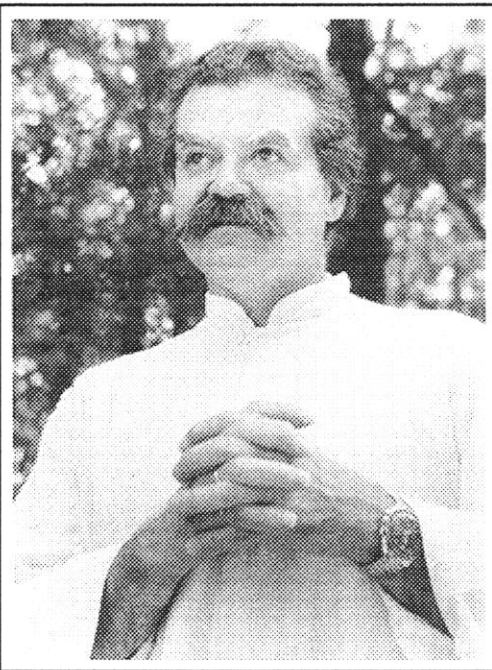
No. 36

January/February 1998

WGS January Meeting Features Yoga For Musicians Workshop

With the stress of the holiday season, you may want to unwind with this wonderful workshop by John Giunta. This workshop will be presented for the January WGS meeting on Friday, January 16, 1998 at 8:00 pm at the Washington Conservatory of Music. For further details see WGS Meetings on page 9.

John is a professional musician and certified yoga teacher. He holds an M.A. in guitar performance from George Mason University and has studied at the Mannes College of Music and at Juilliard in New York City. He has taught classical guitar since 1970 and has performed as a musician in solo recital, in off-Broadway productions, on



radio and television, on a national tour in musical theater. In addition to the classical guitar, he also plays flutes, recorder, mandolin, accordion and theremin. He has published articles on both music and yoga. John Giunta is also an improvisational composer who is always searching for new, experimental and spiritually driven venues. He currently teaches guitar at Mount Vernon College and is a member of the Musical Wellness Faculty of Levine School of Music in Washington, DC.

John Giunta has been a yoga practitioner and meditator since 1974. He teaches yoga classes in several Washington, DC and Northern Virginia locations to individual musicians, ensembles, actors, and anyone who must appear in public, as a tool for managing stress while performing. In his workshop for the Washington Guitar Society, John will discuss and demonstrate techniques for improving breathing and posture, enhancing memory and concentration and getting started with a meditation technique. There will be active participation in the workshop; exercises are optional but encouraged. Participants should wear loose clothing. The workshop is free and open to the public. For more information, contact John Rodgers at (202) 686-1020.

Paul Moeller Performs for WGS February Meeting

The Washington Guitar Society is pleased to present Paul Moeller as the featured performer for its February 20th meeting. The performance will take place at 8 pm following the WGS open stage. For more information, see WGS Meetings on page 9.

Here is some information on our featured performer...

On July 22, 1997 Paul Moeller of Wonder Lake, Illinois was the 1st Place winner of the 1997 International Guitar Concerto Competition sponsored by D'Addario Strings Corporation. Paul was awarded \$4000.00 and a performance of the concerto with the Connecticut Concerto Consort with McKenzie Albert conducting. The concert will be broadcast on public radio. The work performed was *Guitar Concerto* by the prolific English composer Lennox Berkeley (1903-1989).

Paul Moeller was born in 1972 in Woodstock, Illinois. He received his Bachelor's Degree in music from Northern Illinois University in 1995. Paul was the first place recipient of many major awards including the Northern Illinois University Concerto Competition, The Chandler Starr Scholarship Competition, and The National Federation of Music Clubs National Guitar Competition. In May of 1996, Paul was the first place winner of The First of America Midwest Young Artists National Bach Competition. In 1997 Paul received his Master's Degree in Music Performance and Literature from the prestigious Eastman School of Music in New York where he was awarded the honorary Performer's Certificate from Eastman, given only to students of the highest caliber. Paul's guitars were constructed in 1980 and 1992 by Miguel Rodriguez in Cordoba, Spain. He has performed throughout the United States as well as in Europe. In fall of 1997 Paul began his studies at Peabody Conservatory of Music in Baltimore, Maryland under the tutelage of Manuel Barrueco.

We look forward to hearing Paul perform and hope that you will join us.



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